

# SEASON

BAUERFEINDMEDICAL

2025 / 26

## VenoTrain®

VenoTrain®  
FASHION  
COLORS

French Lavender  
& Irish Green

**YOUR LEGS.  
YOUR FREEDOM.**

Compression as active and  
multi-faceted as life.

 **BAUERFEIND®**



VenoTrain  
compression  
stockings  
Available with  
or without a  
prescription!

*Discover  
your freedom*  
with VenoTrain®

Our model is wearing the  
VenoTrain micro in cream

### Discover your freedom

VenoTrain compression stockings bring more lightness and activity into your everyday life. They help you stay active and live life exactly how you want it – whether during day-to-day challenges, travel, or leisure time.

VenoTrain gives you freedom: the freedom to move without restrictions, no matter where you are. Thanks to innovative materials and stylish colors, our stockings will accompany you every step of the way and give you a feeling of energy and vitality.

Whether at home or on-the-go – you will feel light and carefree with VenoTrain. Experience a life full of possibilities. Just try it and discover what your freedom feels like!

### Find your VenoTrain compression stocking

Compression offers so much more! With VenoTrain, you can enjoy a huge selection of styles, patterns, and colors that enable you to live an active and self-determined life.



Find your medical retailer now:  
[bauerfeind-group.com/find-bauerfeind](https://bauerfeind-group.com/find-bauerfeind)

Ask an expert for advice and discover how our stockings will give you a feeling of freedom and lightness – it's quick and easy at a medical retailer near you.

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A sense of well-being for your legs

## WELCOME TO THE WORLD OF VenoTrain®

# 90%

of adults  
in Germany

suffer from changes to their veins\*

**You are not alone:** 90% of adults in Germany suffer from changes to their veins\*. That shows how important it is to deal with your vein health.

There are certain causes that subject your veins to strain, such as traveling, inactivity, or extended periods of sitting and standing. Vein problems also often occur during pregnancy as a result of hormonal changes.

You may even have initial symptoms of a venous disorder like tired or heavy legs, spider veins, varicose veins, or a definitive diagnosis from your physician.

**We want to help you deal with your vein health and support you on your journey to light legs. That's why we're giving you tips on how you can incorporate more activity in your life so that your legs will feel noticeably lighter.**

\*2 Rabe, E. et al.: Bonner Venenstudie der DGP, Phlebologie 1 / 2003.



VenoTrain®

*Your legs. Your freedom.*

## 3 TIPS TO ENSURE LIGHT LEGS THROUGHOUT THE DAY

Your veins constantly pump blood back toward the heart. The thin vascular walls and the venous valves have to do a great deal of work and put up with a lot. In order to do their work properly, they need sufficient support.

In addition to treatment using medical compression stockings, a healthy lifestyle, a balanced diet, and exercise are factors that you can influence yourself to be able to benefit your vein health.

### 1 Exercise

In order to support the activity of your veins, sports, such as jogging, swimming, cycling, or dancing are suitable. Brisk walking also helps – **the important thing is to get regular exercise.**

- Regular, daily activity
- Breaks and exercise during extended periods of sitting or standing
- Moderate types of sports
- Integration of gentle vein exercises into everyday life



**Exercises** for your vein health can be found on our YouTube channel

### 2 Diet

When it comes to vein health, the right diet also plays an important role, in addition to exercise and compression. You can achieve a lot with your choice of food, especially when suffering from vein problems, such as weak veins or an inflammation of the veins.

- A balanced diet rich in fiber
- A lot of fresh fruit and vegetables
- Go easy on fat and sugar
- Small quantities of meat
- A lot of fish, zinc and Omega 3
- Plenty of liquids: try to drink 1.5 to 2 liters of water or unsweetened tea per day



Additional tips relating to vein health are available on our website

### How do medical compression stockings improve your well-being?\*

- + Reduction of swelling
- + Reduced feeling of tightness
- + Legs will feel tired and heavy less often
- + Less pain

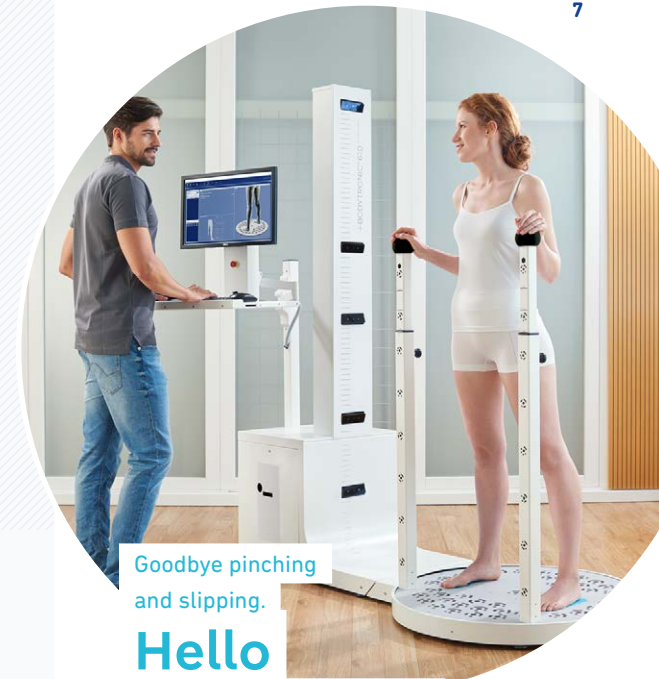
### 3 Compression

Medical compression stockings support vein function, helping your veins transport blood back to the heart more effectively. Furthermore, less fluid pools in the tissue throughout the day, meaning ankles and legs swell less.

#### Med. compression stockings (MCS)\*:

- **Enable activity:**  
69% of those wearing MCS have regained mobility, thanks to their medical product
- **Improve well-being:**  
80% of those wearing MCS have regained quality of life
- **Provide a high level of wearing comfort:**  
87% of wearers in Germany are happy and convinced

\*Eurocom Allensbach Study 2022/2023. Representative survey conducted by the Allensbach Institute for Public Opinion Research on behalf of eurocom e.V., survey results 2023



Goodbye pinching and slipping.

## Hello Perfect-Fit!

### Quality that can be measured – and made to measure

Medical compression stockings can only be fully effective when they fit properly. As a basis for our Perfect-Fit sizing system, we have digitally measured 250,000 legs. The extremely precise fit ensures a particularly high level of wearing comfort.



Compression products don't have to be boring! On the next pages, we're offering you a great variety of styles, patterns, and colors for medical compression stockings.

Find out for yourself!



# LONG LIVE COLOR STANDARD MEETS FASHION

Colors are much more than just a fashionable accessory – they're the perfect way to bring out your personality!

## The VenoTrain range of colors

Every color you wear tells a story about you: standard or additional colors radiate timeless elegance, while the Fashion Colors French Lavender and Irish Green create fresh highlights.



## Standard and additional colors

From classic black to warm caramel: our VenoTrain medical compression stockings offer you a timeless color spectrum that can be effortlessly incorporated into any style. The classics unite functionality with a feeling of freedom and comfort so they can actively support you during your day.

Standard colors

Additional colors



Experience freedom of movement and joie de vivre with VenoTrain:

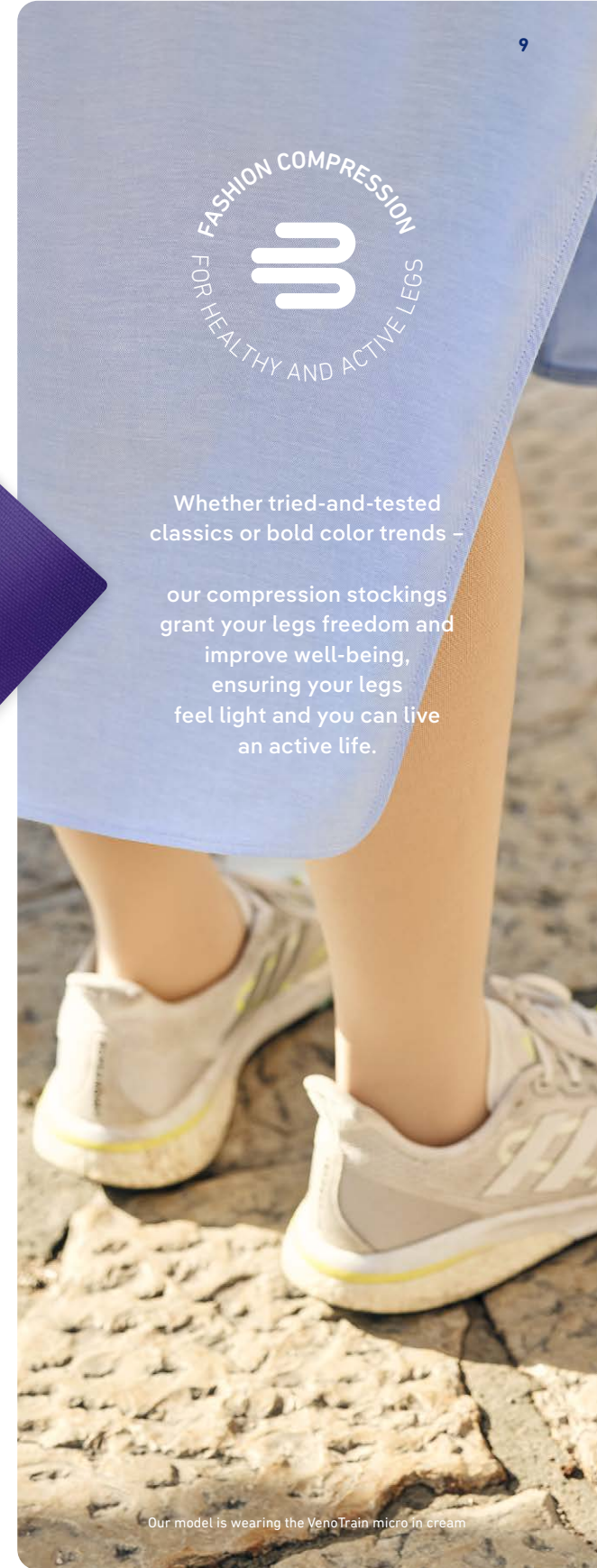
Comfort and style to support you every day.



French Lavender



Whether tried-and-tested classics or bold color trends – our compression stockings grant your legs freedom and improve well-being, ensuring your legs feel light and you can live an active life.



Our model is wearing the VenoTrain micro in cream

VenoTrain® Fashion Colors 2025 / 26

# BRIGHTEN UP YOUR LIFE!

## Fully enjoy being active

Laughing and meeting friends, experiencing adventures, and making dreams come true: life is full of joy – and VenoTrain reflects this colorful versatility.



**French Lavender** epitomizes strength and sophistication. This expressive lilac hue combines elegance with a touch of extravagance – perfect for those who want to embrace their passion for life through elegance and individuality.

NEW

**French Lavender**

Elegance. Individuality. Strength.



Fashion Colors are available for: VenoTrain micro, VenoTrain soft/soft S and VenoTrain impuls



NEW

**Irish Green**

Freedom. Activity. Vitality.

With **Irish Green**, you make a bold statement full of energy and vitality. This fresh green shade represents positive charm and a unique personality – perfect for all those who love and live freedom and activity.

# FEEL FREE TO COMBINE

No fashion challenge is too great for our VenoTrain compression stockings to conquer. Whether cool sneakers or elegant ballerina flats, casual jeans or a smart business style, a raincoat or woolen jacket – whatever look you’re going for: there will always be something suitable among the variety of exciting VenoTrain colors, adding the perfect finishing touch to any outfit.

Looking good in compression stockings is now super easy

VenoTrain impuls Espresso



VenoTrain soft French Lavender



VenoTrain soft Caramel

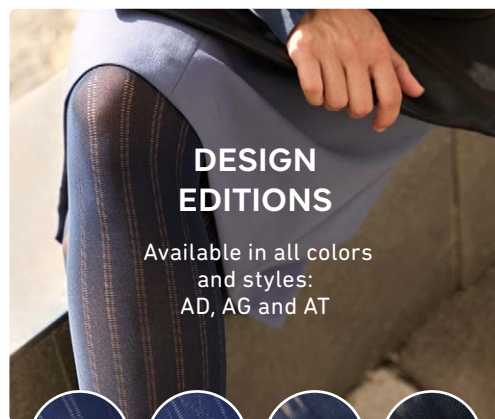


VenoTrain micro Irish Green



## AN ENERGIZING STYLE

Thanks to its smooth knitted fabric, the VenoTrain micro is exceptionally soft as well as skin-friendly, and it stimulates venous return, relieves your veins, and creates an attractive silhouette. Its noticeably pleasant touch with a semi-transparent design makes you want to get up and be active.



### DESIGN EDITIONS

Available in all colors and styles: AD, AG and AT



For more product information, please see: [bauerfeind-group.com/venotrain-micro](http://bauerfeind-group.com/venotrain-micro)



Feeling great all round

with the SpinoVA Mum pregnancy orthosis

### Compression and pregnancy

We also recommend wearing medical compression stockings, like our VenoTrain micro, during pregnancy. Medical compression stockings will keep your veins in shape and support increased venous blood flow in the legs. This prevents water retention and reduces swelling, meaning an easier time for your legs during your pregnancy.

### VenoTrain micro

Nine colors are waiting for you. Whether as a uni-colored stocking, in Batik, or the Design Edition – with our VenoTrain micro, you will be ready for any occasion.

**Available sizes\***  
Perfect-Fit S, M, L, XL

**Compression classes**  
Ccl 1 18 – 21 mmHg,  
Ccl 2 23 – 32 mmHg

**Care instructions**  
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**Material**  
Ccl 1 65% polyamide,  
35% elastane  
Ccl 2 55% polyamide,  
45% elastane

**Designs**  
Knee-high stocking (AD),  
thigh-high stocking (AG),  
pantyhose (AT),  
maternity pantyhose (ATU)



\* For custom-made solutions, please contact your medical retailer



VenoTrain micro the fashionable

Our model is wearing the VenoTrain micro in the standard color navy, Design Edition "Tango".

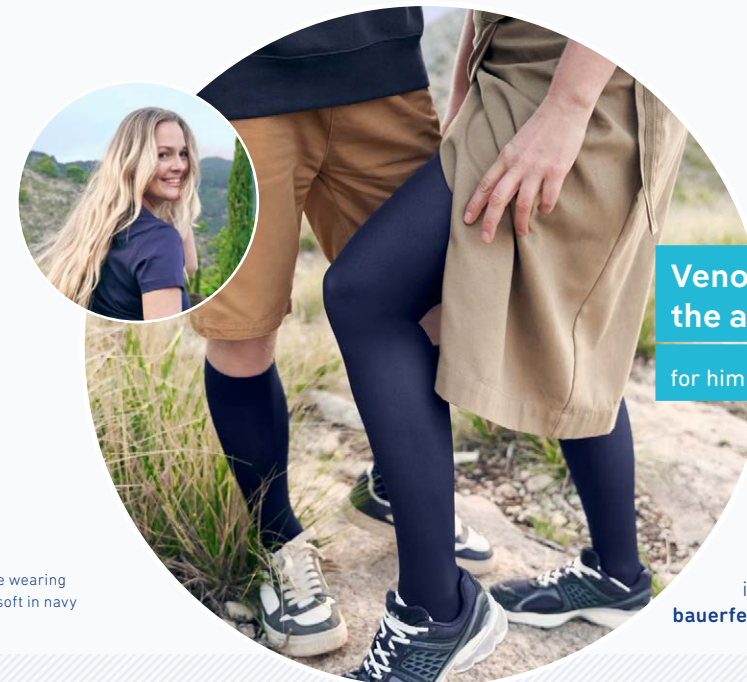




*Enjoy your freedom with light legs*

## MY HOME IS OUTDOORS

The VenoTrain soft is the perfect compression stocking for anyone who loves freedom. Its vitalizing yet particularly hard-wearing knitted fabric with a soothing massage effect ensures pleasant wearing comfort during everyday activities.



**VenoTrain soft**  
the all-rounder  
for him and her

Our models are wearing the VenoTrain soft in navy

For more product information, please see: [bauerfeind-group.com/venotrain-soft](http://bauerfeind-group.com/venotrain-soft)

### VenoTrain soft

Multi-faceted like life: choose from four standard colors, four additional colors, and our Fashion Colors to create your own personal accessory.

#### Available sizes\*

Perfect-Fit S, M, L, XL

#### Compression classes

Ccl 1 18 – 21 mmHg,  
Ccl 2 23 – 32 mmHg

\* For custom-made solutions, please contact your medical retailer

\*\* Only available as a custom-made product

#### Care instructions



#### Material

Ccl 1 70% polyamide, 30% elastane  
Ccl 2 65% polyamide, 35% elastane

#### Designs

Knee-high stocking (AD), thigh-high stocking (AG), thigh-high stocking with garter belt (AGHB), pantyhose (AT), maternity pantyhose (ATU\*\*), gent's pantyhose without fly (ATH\*\*), pantyhose with compressive pantyhose top (ATX\*\*), single-leg pantyhose (ATE\*\*)



VenoTrain soft S

## THE ALL-ROUNDER FOR EASY DONNING OF THE PRODUCT

Thanks to its spacious heel and reduced knitted fabric in the instep area, the VenoTrain soft S offers particular foot comfort. The anatomically shaped 90° heel and the robust material make donning and doffing of the product incredibly easy. For all those who sit or stand a lot – your perfect accessory, ensuring more effortlessness during everyday activities.



The particularly spacious Easy heel offers plenty of space and makes donning of the stocking easier



The high level of wearing comfort is guaranteed by the crease-free instep area with reduced knitted fabric

Thanks to its properties, it's also ideal for edema treatment\* following injuries or surgery.

\* For a complete list of all indications, please see the VenoTrain instructions for use.



### VenoTrain soft S

**Available sizes\***

Perfect-Fit XS, S, M, L, XL

**Compression classes**

Ccl 1 18 – 21 mmHg,  
Ccl 2 23 – 32 mmHg

**Care instructions**



**Material**

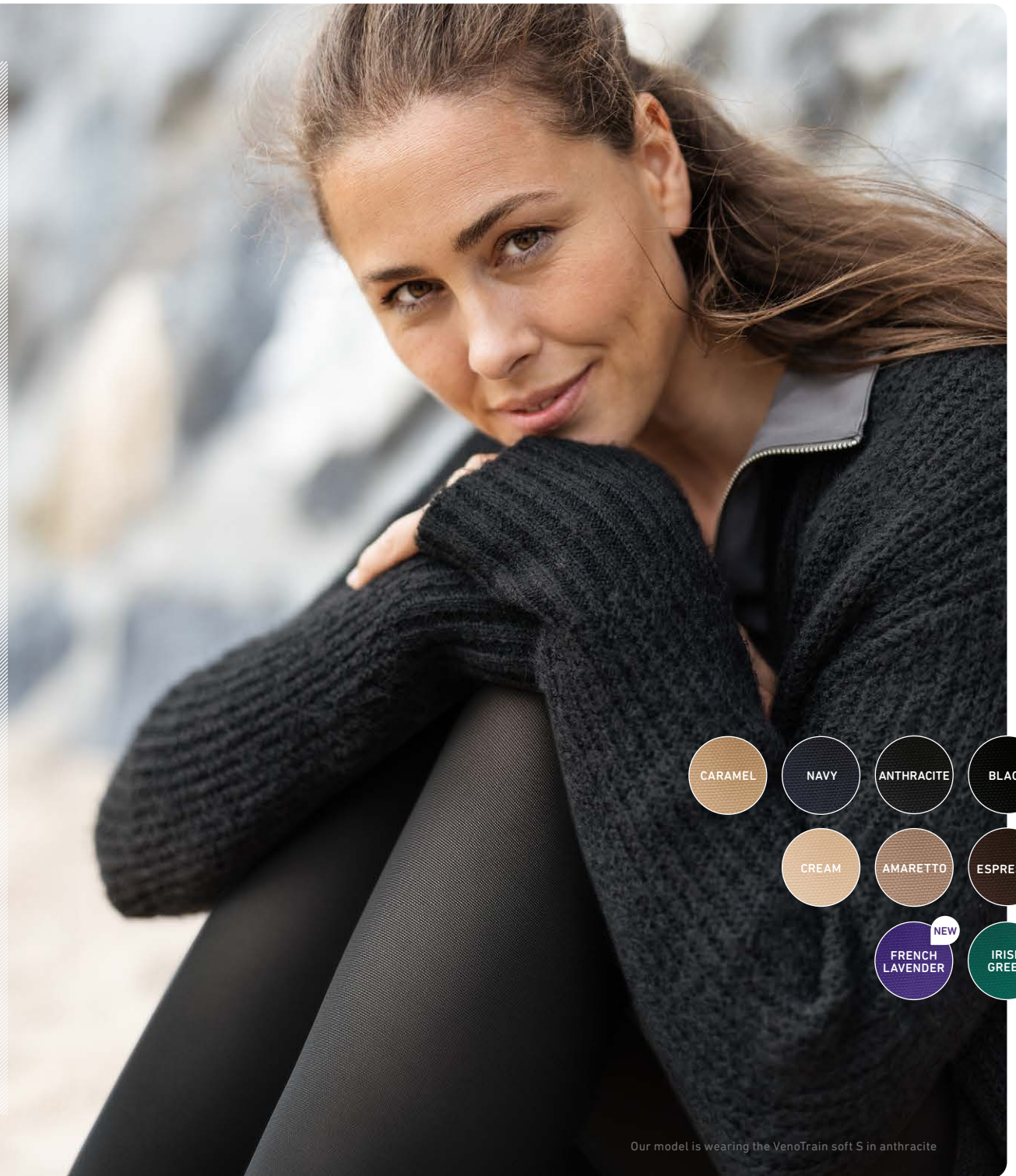
Ccl 1 70% polyamide, 30% elastane  
Ccl 2 65% polyamide, 35% elastane

**Designs**

Knee-high stocking (AD), thigh-high stocking (AG),



\* For custom-made solutions, please contact your medical retailer



Our model is wearing the VenoTrain soft S in anthracite



**VenoTrain impuls  
the powerful**

This hard-wearing companion with fine microfibers ensures a particularly silky wearing sensation.

**ACTIVE  
HOURS  
FILLED WITH  
ENJOYMENT**

**POWERFUL EFFECTIVENESS.  
POWERFUL COLORS.**

Whether on extended walks along the beach, when working in the garden or simply enjoying nature – the VenoTrain impuls gives you the freedom to stay active!



**Relief even with  
slight muscle  
movement**

Its powerful knitted fabric ensures pleasant compression that provides noticeable relief in cases of vein problems. At the same time, the soft and breathable microfiber material offers perfect wearing comfort. For an active day and light legs.

Our model is wearing the VenoTrain impuls in caramel.

For more product information, please see:

[bauerfeind-group.com/venotrain-impuls](http://bauerfeind-group.com/venotrain-impuls)

**VenoTrain impuls**

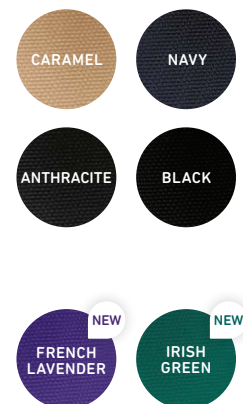
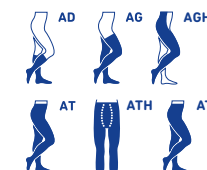
**Available sizes\***  
V6+ (I – VI)

**Compression classes**  
Ccl 2 23 – 32 mmHg,  
Ccl 3 34 – 46 mmHg

**Care instructions**  
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**Material**  
Ccl 2 80% polyamide, 20% elastane  
Ccl 3 75% polyamide, 35% elastane

**Designs**  
Knee-high stocking (AD), thigh-high stocking (AG), thigh-high stocking with garter belt (AGHB), pantyhose (AT), gent's pantyhose without fly (ATH\*\*), pantyhose with compressive pantyhose top (ATX\*\*)



\* For custom-made solutions, please contact your medical retailer  
\*\* Only available as a custom-made product

## A SENSE OF WELL-BEING FOR YOUR LEGS

In order for your compression therapy to be fully effective, it's not just the perfect fit that's important but also appropriate skin and product care.



A mild care product that absorbs rapidly

Bauerfeind care foam

**Bauerfeind care foam** is a real insider tip for all those who want to make donning of their compression stockings easier. Without feeling oily, it soothes the skin using panthenol, and leaves a thin protective layer.

It's extremely gentle on your skin and doesn't contain alcohol or phenols – perfect for sensitive skin as well as those suffering from allergies or diabetes.



Intensive care, for dry skin

VenoTrain® lotion

**VenoTrain lotion** soothes your skin with the power of chamomile extract. It provides moisture, cares for your skin at night, and ensures that it feels noticeably softer in the morning.



## THE PERFECT ADDITION FOR EVERYDAY USE

Everyday helpers that make life easier.

### Supporting treatment effectively

The **VenoTrain glider** is a compact donning aid that will make donning of your medical compression stockings easier – whether with open or closed toes. It can be prescribed by your physician.



STEP BY STEP  
CORRECT DONNING OF YOUR  
COMPRESSION STOCKINGS



### Easier use

**Bauerfeind special gloves** help with donning of your compression stockings and smoothing out the knitted fabric on your legs.



### Lasting protection

The **special detergent** cleans compression stockings gently, ensuring careful treatment of your products and providing lasting protection.



### Protects your stockings in the washing machine

When you use our **lingerie bag**, your stockings will be effectively protected every time you wash them in the machine.





VenoTrain®

# PERFECT COMPRESSION PRODUCTS FOR YOUR LEGS

Our VenoTrain compression stockings  
are available from your authorized medical retailer.

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## Disclaimer

All information in this brochure is up to date at the time of printing. All information provided in this brochure / online (text, images, graphics, etc.) are purely complementary to any advice given by professionals, in particular the treating physician or physical therapist. This brochure is not designed to replace this medical advice. We highly recommend obtaining medical advice and not to deviate from instructions / treatment specified by a physician before using Bauerfeind products or accepting therapy recommendations. Only then can the best possible effectiveness of our products be guaranteed, allowing you to recover quickly. Our explanations are not designed to support or promote self-diagnosis or self-medication but are merely there to provide initial general information and basic awareness of the topics addressed.

Colors may vary as a result of printing.

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